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VIEWPOINT

Too many or too few

One expert's opinion is not necessarily another's — particularly when it comes to forecasting man's future.

Take population growth. The favored prognosis of recent years has it that our numbers will eventually overwhelm planet earth's capability to support us.

Scientist, educator and author Harrison Brown recently reiterated this scenario at an international seminar on the long-range economic outlook with a timetable for doomsday. In 330 years, he predicts, runaway population growth will have reached the point where governments will be forced to limit consumption. Stagnation, not growth, will become official policy.

The pinch in some places will be felt much sooner If its present growth rate continues, for example, Mexico City by the year 2,000 will have a population of some 30 million, more than the entire state of California today.

But now listen to Dr Charles F Westoff, of Princeton University's Office of Population, who made the newswires with a prediction that in the not too distant future the government could be paying couples to have children.

Not overpopulation but declining population will be the problem if, as Westoff believes, contemporary trends in birth control, availability of abortion and a lifestyle indifferent to marriage continue

In about 50 years, he predicts, the death rate will begin to exceed the birth rate in the United States and the government, concerned about the effect upon the economy and social vitality, will introduce some form of economic inducement to encourage the citizenry to reproduce.

In Europe, Westoff already discerns indications of the negative population future East Germany's birth rate has dropped to the point that for the past several years the regime has been lending the equivalent of $10,000 to newlyweds and canceling part of the debt for each child born. Three closes the books.

Other countries — France, Sweden and even wide-open Australia — are also beginning to encourage marriage and family growth.

Which expert is right?

It could be either one, or both in certain respects, or quite possibly neither

Both experts are working with selected current trends and projecting them into a future that will be shaped by many unpredictables.

The tricky thing about trends that deal with people, as individuals and in the mass, is that they may point in one direction today and an entirely different one tomorrow The only certainty about them is that their twists, turns and reverses in the long run are uncertain.

In the end, the only way of determining which expert's view of the future is correct is through a long wait.

Surprise packages

The very short-term future is likely to hold some surprises for consumers.

According to the Economics Department of McGraw-Hill, an estimated 14 percent of all sales in 1981 will be accounted for by new products, either unknown today or so changed as to be considered new.

The prediction turns up in a survey of projected research and development expenditures by business Companies report planning outlays of $34 5 billion during the current year, with 33 percent going into development of new products.

The survey sees continuation of the trend through 1981, with the consequences showing up as innovations in consumer products. The total new-product market by then will be an estimated $269.6 billion.

It appears to be a case of what we don't know now turning out to be very profitable for some of us later

AS TIME GOES BY

Problem faced

FORTY YEARS AGO
—1938—

Otoe county faced the problem of registering warrants to carry on WPA projects and county bridge work or spending money that wouldn't be levied till August The Nebraska City Chamber of Commerce was on record opposing a bill in Congress for a subsidy for coastwise vessels passing through the Panama Canal The sales barn committee talked over plans for closing the subscription books at a special meeting Omaha golfer Johnny Goodman was on the cover of "Time" magazine

TWENT FIVE YEARS AGO
—1953—

Mary Margaret Trail was installed as honred queen of the Job's Daughters June Hauptman was senior princess Mrs Jennie Mershon was elected president of the Cook High Alumni Association The city council decided to install 50 new street marking signs. Thousands of area residents visited the new American Meter Co plant during open house festivities Clarence Vigen was chairman of the Open House committee

TEN YEARS AGO
—1968—

Mrs Jerry Regler, Nebraska City, was elected president of the Nebraska Association of the Workers for the Blind at the state convention The Rev John J McCabe of Falls City was appointed superintendent of Lourdes High School in Nebraska City, succeeding the Rev Vincent Kelly Mrs Sarah Burgess and Miss Jennie Johnson were pictured with a Magnolia tree planted by Mrs Burgess as a tribute to Miss Johnson, an 1899 graduate of the School for the Visually Handicapped Dave Pickering, Nebraska City, won the Jaycee teenage road-e-o.

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The Prayer For Today From The Upper Room

Do not be afraid of sudden panic (Proverbs 3 25 RSV)

PRAYER· Grant us, O Lord, Your perfect love which casts out fear and gives us courage to spare for others who are afraid. In the name of Christ, our Savior Amen.





Martha Angle and Robert Walters

IN WASHINGTON

No hope for lobbying reform

WASHINGTON—(NEA)—Is the Calorie Control Council an organization of weight-conscious dieters or a lobbying group heavily financed by soft drink manufacturers opposed to a federal ban on saccharin?

Is the Electric Consumers Resource Council a coalition of homeowners angered by high electric bills or a lobbying organization supported by major companies within the power industry?

The second choice is the correct one in both cases, but identifying organizations with deceptive titles won't be easy under provisions of a bill, soon to be considered by the House, that's supposed to "reform" federal regulation of lobbying.

The proposed new law actually represents a major step backward in providing public identification of the financial backers of lobbying groups because the House Judiciary Committee recently eliminated a provision calling for disclosure of all donors of $3,000 or more

In contrast, the existing statute, passed by Congress in 1946, contains a provision requiring the public reporting of the names and addresses of all contributors of $500 or more to any lobbying group.

In a 1954 decision, the Supreme Court specifically cited the importance of knowing who finances lobbying efforts

"Congress has not sought to prohibit these (lobbying) pressures. It has merely provided for a modicum of information from those who, for hire, attempt to influence legislation It wants to know only who is being hired, who is putting up the money and how much."

The Judiciary Committee, however, bowed to those who cited undocumented concerns about the potential invasion of privacy of major financial backers — and that was only one of more than a dozen loopholes that make the bill a hollow version of badly needed "reform"

The legislation is important because for the first time in more than three decades Congress probably will pass a new law this year governing lobbying In addition, President Carter is committed to seeking a new statute.

"But the president will sign any piece of paper that has the words 'lobby disclosure' at the top," says one knowledgeable administration official "Carter wants a bill — any bill," says another insider

Because of that attitude in the White House, a heavy lobbying effort to weaken the bill and the notorious unwillingness of Congress to tackle tough issues, the House legislation is a pathetically pale version of what a new law could and should be.

For instance, the bill perpetuates a long-discredited system under which lobbying organizations are allowed to establish their own unchallenged apportionment of the time and money their employees, lawyers and consultants spend on lobbying.

As a result, major corporations, labor unions and other special interest groups that maintain large legislative liaison staffs often are able to claim lobbying expenses of only a few hundred dollars a month or less.

That's because they use the narrowest possible definition of lobbying, referring only to occasions when a representative specifically discusses pending legislation.

Not included are the countless additional hours those lobbyists spend on Capitol Hill, befriending legislators, buying them drinks and meals, and discussing the problems of the industry or union in general terms.

The Judiciary Committee could have closed that loophole by requiring public disclosure of the full salaries and expense accounts of those engaged in lobbying, as well as the research and other support services provided by their organizations.

But in referring the bill to the full House, the committee explicitly rejected that needed reform. "It is not the committee's intent," the panel said in its report, "to reach beyond those activities which are directly related to the lobbying process."

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Today In History

By The Associated Press

Today is Sunday, June 4, the 155th day of 1978. There are 210 days left in the year

Today's highlight in history

On this date in 1942, World War II's Battle of Midway began The naval battle ended in Japan's first decisive defeat in the war

In 1647, the English army seized England's King Charles I as a hostage.

In 1805, the United States concluded a peace treaty with Tripoli

In 1831, Prince Leopold of Saxe-Coburg was chosen as the first king of Belgium

In 1896, Henry Ford made a successful run with his car — a nighttime drive around streets in Detroit.

In 1936, France's first Socialist government, headed by Premier Leon Blum, took office

In 1946, Juan Peron was inaugurated president of Argentina

Ten years ago The government of Yugoslavia banned demonstratons, meetings and parades in Belgrade after two days of fighting between students and police

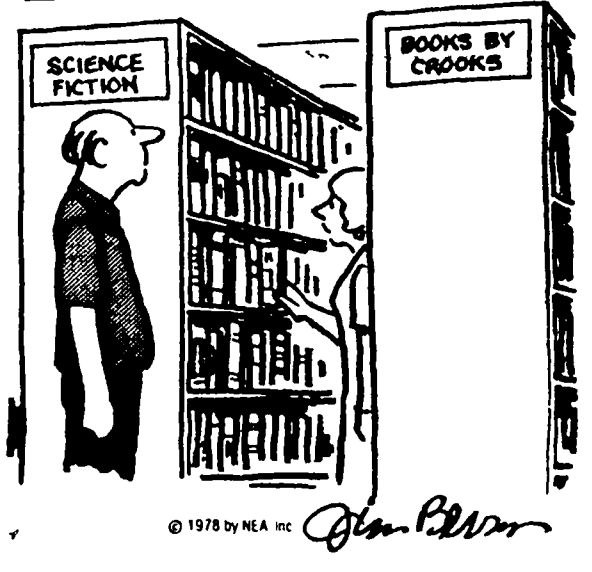
Five years ago The White House acknowledged that President Richard Nixon had conferred frequently in 1973 with his counsel, John Dean, about Watergate.

One year ago It was disclosed that Uganda's minister of health, Henry Kyemba, had defected and was seeking asylum in Britain.

Today's birthdays Opera singer Robert Merrill is 59 years old Actor Dennis Weaver is 53.

Thought for today. He who will not economize will have to agonize — Confucius, Chinese philosopher, 551-479 B C

Berry's World





Ivan D.E. Beaumont

THE BUCK ENDS HERE

A second retirement

Doing something —

Sev and Lil Sorensen will do a bit of traveling this summer, and they will be busy with other activities during "retirement."

This is Sev's second retirement. He stepped down at NCHS from the voc ag department, then took the bull by the horns and got a good ag-shop program implemented at NC Lourdes. Now, five years later, he decided to "retire" again.

The only reason we know all this is because the other day we took some of Sev's time to look over some tree problems. We had to interrupt his schedule for a time — he was en route to work on his farm

+ + +

The Class of 1907 —

Thank you, Clara Witte, for the story about your class of 1907. We recognized several names and knew a few of the people, but most of all we became well acquainted with your class, thanks to you.

+ + +

American Meter —

Thank you, American Meter, for inviting us to tour your plant and see how meters are manufactured in Nebraska City We are all proud of your first 25 years and wish you much success in the future.

+ + +

Your blood needed —

Pat Caswell of the Red Cross blood program, told Optimists the other day that only three percent of the people in this country give blood.

Since the number of donors is so low, science has been forced to find ways to stretch blood and it has been successful. Meanwhile the blood donor program needs some pepping up.

For one thing, the speaker said so many of those in that three percent figure are WWII age. That will cut the number and as a result, the Red Cross is looking for more donors.

It takes only about 45 minutes and you can save a life.

The bloodmobile will be here June 19. Call Wilma McIntire for more information, 873-3481

+ + +

Pee Wee Erwin —

Newspapers carried a story the other day about George "Pee Wee" Erwin, a famous jazz trumpeter who returned to Falls City to visit his mother, Mrs Chloe Erwin.

We don't know much about Mr Erwin, but we know about his horn and his friends The late Vern Pickering who trumpeted his way through dance halls for nearly 50 years, spoke many times about his friend, Pee Wee.

Pick was a linotype operator at the News-Press in the day and a musician at night. He really loved both jobs and did them well all those years.

+ + +

A busy park —

The Falls City Journal reported that 7,200 people visited Indian Cave State Park during the Memorial Day weekend. Larry Cook, park superintendent estimated 1,272 overnight guests and — no vandalism or unnecessary litter problems.

That wasn't the same in Nebraska City Vandals shredded the plumbing facilities at the restroom at Riverview park Craig Bergman reported 1,112 people toured Arbor Lodge mansion during the same weekend.

+ + +

Golf lessons —

A few years ago, Fred Oetgen was managing the Steinhart golf course and struggling to get a few people to take golf lessons

Now it's organized And one of the organizers is Paula Hendrickson, a 4-H aide Although Paula admits she's not a golfer, she's got the heart and has scheduled lessons in Nebraska City and Syracuse beginning June 19 Your cost — $5

Teachers are Dick Jensen, Nebraska City and Tom Frech in Syracuse

Thank you, Paula There are a few of us crusty and rusty golfers who should be on the beginner list

SAFETY VALVE

"...the rollback..."

EDITOR, News-Press

The Sarpy county Board of Equalization has rolled back its new real estate valuation 26.6 percent, while the Otoe county board rolled back its valuations 25 percent and 15 percent on rural property

It seems like the Otoe county board could have done better on the rollback at least equal to Sarpy county

It's possible Governor Exon will ask the legislature to act on the bill soon on all county state tax and put a lid on it.

LEWIS A. MARTIN

News in Brief

WASHINGTON (AP) — Any substance found to pose a cancer threat to humans automatically will be investigated by the Consumer Product Safety Commission, according to a new policy

The commission, which has been criticized for moving too slowly in getting cancer-causing products off the market, adopted the new policy by a 5-0 vote Thursday "As a matter of policy, we will now either ban or reduce exposure to consumer products containing carcinogens," Commissioner R. David Pittle said. "We won't have to talk about what steps to take every time."

WASHINGTON (AP) — A top Pentagon researcher says it will take the Russians at least seven or eight years to develop a significant threat to the U.S. cruise missile.

Dr William Perry, the Pentagon's research chief, said Thursday he believes the missile will be able to penetrate any Soviet air defenses even if the Russians spend "tens of billions of dollars" to build a massive shield. "I believe we will be able to sustain the penetrability of the cruise missiles in the indefinite future under any set of defense responses I'm able to conceive of," Perry said.



HEALTH

Lawrence E. Lamb, M.D.

Lecithin won't help

DEAR DR LAMB — Is it possible to take lecithin to break up cholesterol in the veins" What about sea salt" It contains iodine salt and magnesium carbonate I question the magnesium carbonate yet I would like to stop using regular salt because of the sodium it contains.

DEAR READER — The fatty-cholesterol deposits that cause problems are in the arteries, not the veins. The pressure inside the veins is very low which protects them from developing fatty-cholesterol deposits.

I have talked about lecithin several times before. It is a combination of triglyceride (fat) and choline. Because we digest foods that are swallowed, you simply digest it into its three fatty acids, glycerol and choline These products, not lecithin, are what you absorb into your blood stream.

Swallowing lecithin will not lower the cholesterol build-up in your blood stream at all. If you happened to be deficient in choline it might help but you should get choline from a well-balanced diet, or if not you could take choline, not lecithin

Sea salt does contain plenty of sodium. You won't get any special advantage from it. If you want to use salt and cut down on your sodium you might try Morton's Lite salt as it is half sodium and half potassium.

I do think most people could improve their health, at least in the long run, if they had more potassium and less sodium in the diet To give you more information on this I am sending you The Health Letter number 10-12, Salt Your Vital Sodium and Potassium Balance Others who want this information can send 50 cents with a long, stamped, self-addressed envelope for it to me in care of this newspaper, P O Box 1551, Radio City Station, New York, NY 10019

It will explain to you how food preparation has caused our food to have an excess of sodium and less potassium Commercial food processing often does this to our natural foods. As a result we are getting a lot more sodium and less potassim just by using such products This may be a factor in causing some people to develop high blood pressure

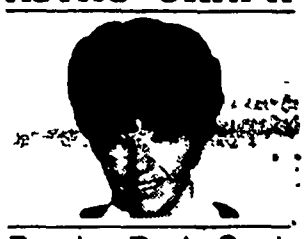
DEAR DR. LAMB I always thought the more strenuously you exercised the more calories it would burn up. Now I've been told it doesn't burn up any more calories to jog than it does to walk. I can't believe this and would like to know the truth.

DEAR READER -- It is a matter of terms. If you walk a mile or jog at a slow or moderate rate the amount of calories you use won't be greatly different. But if you jog 15 minutes you will use more calories than if you walked 15 minutes. Why" Because most people jog faster than they walk and hence cover more distance. The key to how many calories you use is the distance you move your body weight, and unless you run or jog rather fast the difference in speed isn't that important.

This was studied at the U.S. Air Force Academy a few years ago. Young healthy men ran a specified distance at different speeds At the speeds studied there was little difference in the number of calories used because the distance covered was the same in both instances

That is why I often advise people who want to exercise just to burn off calories that it is better to walk three miles than jog only one mile at a slow or moderate rate.

ASTRO·GRAPH



Bernice Bede Osol

For Monday, June 5

Your Birthday

June 5, 1978

New acquaintances will expand your range of interests and challenge your imagination and skills this coming year You could find yourself dealing with life in a more courageous manner

GEMINI (May 21-June 20) Even though your intentions are sincere in dealings you have today be on guard so you don t unintentionally slight a friend who could be excluded

CANCER (June 21-July 22) This is not the day to let up on a task that might have become tiresome A fresh approach will be found to bring things to a successful conclusion

LEO (July 23-Aug 22) Valuable information can be gained today by rubbing elbows with some new people However take care to separate facts from suppositions

VIRGO (Aug 23-Sept 22) Ambition permeates your being today You ll reach out for something you once felt beyond your grasp It isn t if you re bold enough to try for it

LIBRA (Sept 23-Oct. 23) Even though you re able to handle weighty matters with ease today others may not be able to do so Allow them time to mull over your views They ll see the light

SCORPIO (Oct 24-Nov 22) You could profit through another today if you don t fearfully back out just because the project is larger than you normally handle

SAGITTARIUS (Nov 23-Dec 21) Any discussions of important matters should be conducted early in the day If you wait until later your thinking won t be nearly as clear

CAPRICORN (Dec 22-Jan. 19) Even though yow might not be aware of it you ll capture the attention of someone important today because of the conscientious way you handle your obligations

AQUARIUS (Jan. 20-Feb 19) You re reasonably safe in taking chances on things today that are well thought-out but avoid shot-in-the-dark gambles

PISCES (Feb 20-March 20) Do what you know to be right and don t be overly sensitive as to what another may think about your actions She s only an observer

ARIES (March 21-April 19) You ll receive the cooperation necessary to execute those bright ideas you get today if you present them straightforwardly and keep them simple

TAURUS (April 20-May 20) It s possible you ll find a new way to add dollars to your wallet today Don t let a freeloader make you feel guilty because he's not included