VIEWPOINT

How re you going to keep them down on the farm? We don't know the answer, but low farm prices, strikes, and long winters are not what you would call the best sales pieces

If we were going out to hire young people today to take over the Family Farm, we would have to come up with a selling program that would have to beat the pants off riding a coal cart a mile below the surface to chip that stuff from the earth

In fact it would have to be one of the best planned and prepared sales pitches that you'd find in the competitive labor market today

For example

What have you to offer the young to farm?

First, he should WANT to farm That gives you an edge What's in the future for him? Can he have a piece of the action? What about living and social conditions? The farm home is nice, the roads may not be the best, but maybe about the same around the country Think of his wife and children They want Security too That means a trip to town in a good vehicle on all weather roads schools that can handle the educational loads with ability and proper training and a close proximity to a medical facility

If this sounds corny to you, then look around. That's the way people are living today in thousands of communities across this great nation And you know what? We all like it

You can take the farm boy out of the country, but you can't really take the country out of him, not if he truly loves the soil

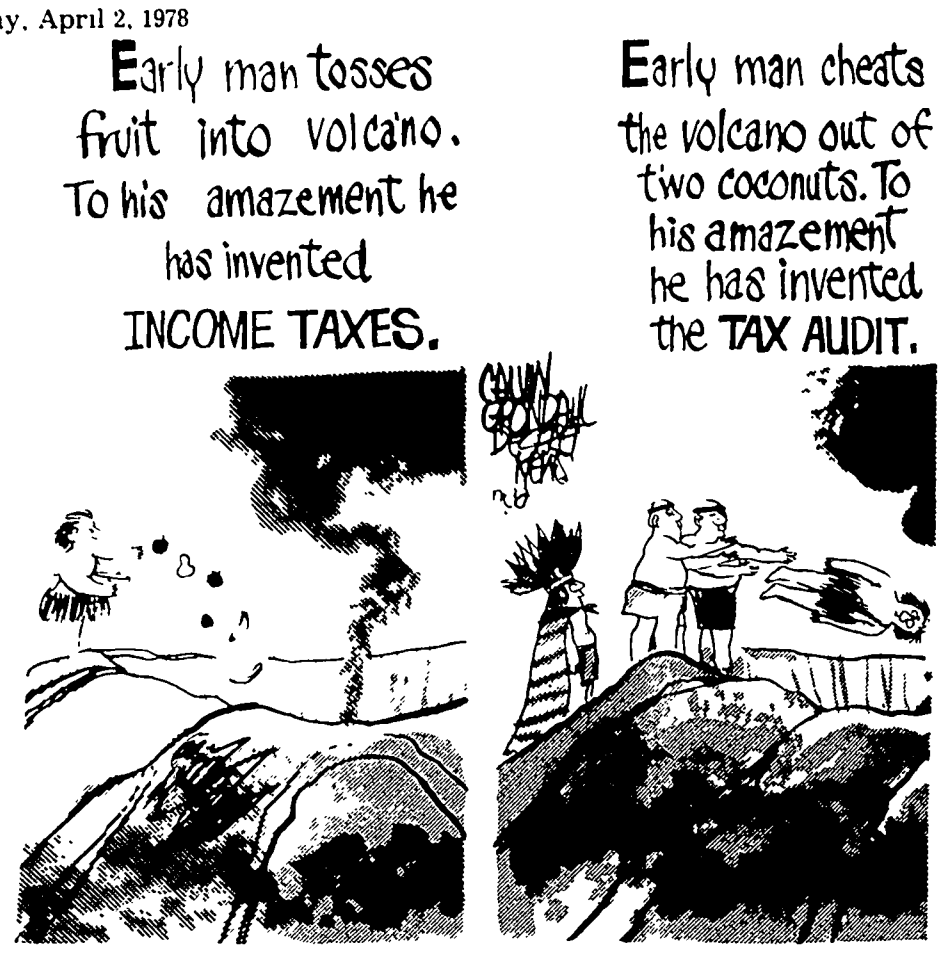
That kind of young man is the one you want You won t find him listed under JOB WANTED in the classifieds He's probably a tousled hair boy sitting across the table from you

Taking it out on the trees

An Illinois psychiatrist suggests one way to cure "cabin fever" — that snappishness brought on by being cooped up in foul weather — is to talk over your troubles with the trees

"Get out and talk to the birds, the trees — create something to relate to," he advises "You don't have to stay inside and just talk to plants "

Good advice as far as it goes, maybe but how do you explain it to the philodendron?





Ivan D.E. Beaumont — THE BUCK ENDS HERE

Knau knows how

Creighton Knau, the farm announcer for KMA at Shenandoah, kept his audience entertained the other night at the Farm Bureau banquet with good humor and he held their attention with a message

Mr Knau spun off his jokes so fast we couldn't keep up with the note-taking or trying to remember them Besides, our table topics partner was Mrs Jack Haupt who developed some throat trouble and was unable to do more than whisper Watching her try to laugh was worth the evening.

Marvin Heiser was my elbow partner and friends, I gotta tell you, ole' Marv really can cut loose when a goodie comes out

Like the one about St Peter and the devil who were arguing over a fence St Peter wanted the devil to repair the fencing on his side, but the devil told him to go to the devil

To which St Peter replied "I'll sue you "

The devil laughed .

"Whereya gonna get a lawyer?"

+ + +

Congratulations —

to Debbie Hall and Ranae Rettig, NCHS girls state delegates and Jane Porter and Vickie Francois, alternates, to Lori Brown delegate and Julie Panko, alternate at Cook The annual American Legion and auxiliary program will be June 4-10 at Lincoln

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Hello to Kay —

Kay Stilwell, daughter of Mr and Mrs Jack Stilwell, Unadilla, attended Kearney State after graduation from high school and is now working as a legal secretary for former governor Bob Crosby in Lincoln

We haven't seen Kay since she was a high schooler and competed in the Legion speech contests, and learned about what she is doing in a visit with her mother

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Chapter Farmers —

FFA adviser David Blecha and his FFA boys and girls came up with some fine awards for some deserving people the other night at the annual FFA banquet

The Chapter Farmer awards went to Mr and Mrs Don Ramold, Mr and Mrs Keith Guthals, Mr and Mrs Joe Glover and Mr and Mrs Loran Patton

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CPR training —

It was good reading to note that 90 students at NCHS had been certified in car diopulmonary resuscitation The more the better

Thanks to a lot of people who worked on this Doctors Bonebrake and Weldon nurses Karen Dodd, Nedra Eiserman, Linda Moran, Cheryl Eppenbaugh, Simone Anderson and rescue squadsmen Troxler and Keran

+ + +

The long weekend —

This is a big weekend in Nebraska City for students from many schools who are competing at NCHS for awards in the annual Science and Engineering Fair

Mrs Bob Hawkes is director of the annual event and we can attest to the great deal of work involved. She's been busy There will be nearly 200 projects that have to be judged before the winners are known at the 3 p.m , program Sunday

The auditorium was scheduled to be opened to the public Saturday at 6 p.m and again Sunday beginning at 9 a m There is a "closed door" time that is necessary for the boys and girls to prepare their displays and themselves for the lengthy judging involved. It's pretty heavy in the school science program

There is some big money involved. There are five awards with a total value of $7,250

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The golfer —

Stolen from the KMA radio man

There was the golf twosome of a priest and a Methodist preacher The priest drove off the tee and the ball rolled dead in a sand trap 35 feet from the pin

The Methodist preacher drove and the ball bounced gingerly onto the green and rolled within 3 feet of the cup

The priest stepped into the sand trap, crossed himself and swish, the ball came out of the trap and went into the cup It took the Methodist preacher three strokes to go three feet

That wasn't the first time It happened in similar ways, always with the priest sinking it on a single fairway stroke

On the last hole, the situation came up again This time the Methodist preacher crossed himself and then proceeded with the all-day ability, to putt it three more times on the green before sinking it You guessed it — the priest went through his usual formation from his point in the rough and in a single stroke sunk it

"I just don't understand it," the preacher said "How come when you cross yourself you sink them with a single stroke and when I tried it, it was the same old one, two three?

To which the priest replied

"I dunno but you gotta know how to putt first "

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The reappraisal—

Today's Famous Quote came from the halls of the Otoe county courthouse where many people have been gathering every day and comparing notes while waiting to see the tax appraiser

This one is from Don Grundman Syracuse It's his recommendation on How To Get Your Tax Valuation Cut'

Attach 1 ticket to a Big Red football game to your protest form

News in Brief

MEXICO CITY (AP) - Education Secretary Fernando Solana says there are a million more illiterate adults in Mexico than there were 30 years ago, and the government is going to spend $50 million in the next two years to expand the country's educational system

Solana said 30 years ago 6 million adults were illiterate, "today, there are 7 million." He said 13 million of the estimated 62 million Mexicans have not finished grammar school, 2 million school-age children have no classroom available to them and "nearly half a million Mexicans don't even speak Spanish '

WINDSOR, Ontario (AP) — John Androszczuk, 25, said he paid a professional artist $300 to decorate the gas tank and fender of his motorcycle with nudes "I looked at the law and it said if nude pictures are art, they aren't obscene, so I figured they were okay," he told Judge Lloyd Hendriksen

Police said they had warned the cyclist a month before to cover up the pictures The judge fined him $50, saying the law prohibits displaying obscene pictures where children can see them

ATLANTA (AP) — Researchers at the national Center for Disease Control say they still are baffled by what triggers an outbreak of Legionnaires' disease

Dr Brenda Politi told a meeting of the U S. Public Health Service Professional Association on Wednesday that eight outbreaks and more than 200 sporatic cases of the disease have been confirmed in the United States

HINGHAM, Mass (AP) — The parents of a 2-year-old boy suffering from leukemia may treat their son by foods instead of drugs, a district court judge has ruled

Diane and Jerry Green, parents of Chad Green, have said they want to treat their son with organic foods, distilled water and vitamins They claim that drugs normally used in cancer treatment do no good for Chad. The boy's physician, Dr John Truman, says the boy will die without drug treatments.

PONTA DELGADA, Azores (AP) — A leading Portuguese geologist predicts new volcanic activity in the Azores Islands that could kill many people if precautions are not taken

Victo Hugo Forjaz, director of the Azores Institute of Geology and Technology, said he had urged the government to set up an early warning system for Portugal's Atlantic archipelago

ANNAPOLIS, Md (AP) — The state Senate has approved a bill that would give the United States flag equal treatment with the state flag atop the State House

The Senate acted on Wednesday after being told that Maryland is the only state in the union that does not fly the U S flag along with its state flag over its capitol building.

AS TIME GOES BY

Cochran requests

FORTY YEARS AGO
—1938—

Governor Roy Cochran asked Nebraskans to observe April 22 as Arbor Day in honor of J Sterling Morton of Nebraska City who founded the tree-planting day in 1872 President Harvey Risk named committees to represent the Otoe County Motor Carriers Association at state railway commission hearings A shipment of pipe for Arbor Lodge water mains arrived although approval of the materials had not been received yet Harold Salter director of education for the board of control visisted the School for the Blind

TWENTY-FIVE YEARS AGO
—1953—

Jere McGaffey finished among the top six speakers in the finals of the State American Legion Oratorical Contest Otto Wellensiek was installed as exalted ruler of the local Elks by Dr M B DeJarnette Harry Rodgers was elected president of the Shenandoah Rotary Club Jim Gilligan was installed as master councilor of the Order of DeMolay Guy Crafton of Peru topped 344 entrants in a Nebraska corn yield contest with 189 68 bushels per acre in a five-acre plot

TEN YEARS AGO
—1968—

Dan Miyoshi was the Junior High division winner in the Legion Auxiliary essay contest Mark Fullriede executive vice-president of the Farmers Bank of Nebraska City received a plaque from the Nebraska Bankers Association making him a member of the Fifty Year Club Three letermen back for the Nebraska City Senior High golf season were Terry Braye Bobb Logan and Marc Copenhaver Mrs Bob Smith was elected a member of the Jaycee Jayne executive board Linda Nash was the Palmyra Rough Riders Saddle Club queen for the year Diana Landis was the senior high division winner in the Legion Auxiliary essay contest

Routes Open

ROUTE # 3
First Corso south to 3rd Corso and from 2nd Avenue west to 8th Street. This is a 45-paper route.

ROUTE # 4
First Corso south to 3rd Corso and from 11th Street west to 15th Street. This is a 70-paper route.

ROUTE # 14
Thirteenth Avenue from 8th Street west to 11th Street. All of the Broadview addition. This is a 101-paper route.

ROUTE # 24
Fifth Avenue from 9th Street west to 14th Street and 6th and 7th Avenue from Highway 73-75 west to 14th Street. This is a 42-paper route.

CARRIERS NEEDED 10 YEARS OF AGE OR OLDER

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NEWS-PRESS

123 South 8th 873-3334
Ask for Judith



Martha Angle and Robert Walters — IN WASHINGTON

Women's work

WASHINGTON—(NEA)—It has been eight years since Bella Abzug captured national attention — and a seat in Congress - with a campaign built on the eye catching slogan 'A Woman s Place Is in the House '

Bella is gone now from the House and from elective politics And the slogan she used with such success back in 1970 has developed a hollow ring in 1978

Despite all the progress women have made in the intervening years, the House has not become a home for them There are still only 18 women among 435 House members — the same number who served during John F Kennedy's first year as president

And Muriel Humphrey, newly appointed to her late husband's seat, is all by her lonesome in the U S. Senate, where two women served back in 1961-62

Leaders of the women's movement, especially those who focus on increasing the political participation of women, are disappointed but not discouraged by the apparent lack of headway

They understand all too well that the principal reason there are so few women in Congress today is that relatively few women even seek election to the House and Senate. You can't get elected if you don't run

And in order to run successfully for Congress, it helps to have some experience in state and local politics — something few women could claim, until recently

That may be changing now, judging from statistics compiled at Rutgers University by the Center for the American Woman and Politics Back when Bella Abzug first entered Congress, there were just 344 women serving in state legislatures around the country — a mere 4 percent of the total Today, there are 703 — or 9.3 percent.

Three years ago, women held a bare 2 percent of all elective county government jobs nationwide, today the figure is 3 1 percent. Three years ago, only 4.4 percent of all elective municipal jobs were held by women, today it is 7.8 percent.

Considering the fact that women comprise more than half the American population, their climb up the political ladder is still disgracefully slow But the movement, at least, is in the right direction.

Even when women do run for Congress, they face innumerable handicaps — most of which have to do with money, and the reluctance of male-dominated party organizations and special interest groups to provide funding to women candidates.

But some of the difficulties encountered by women are of their own making, as a new study by the Rothstein-Buckley political consulting firm illustrates

The study, based on in-depth questionnaires to 55 women who sought election to Congress or statewide offices in 1976, turned up some fascinating data

Women, it seems, often run at the wrong time — challenging incumbents, who are increasingly difficult to dislodge, rather than seeking more attainable open seats. They don't always have a written campaign budget and strategy Some of them make adequate use of polling data, demographic information and research material that is available either free or for little cost.

They rely too heavily on volunteers, including friends and family members, rather than seasoned, paid political experts They often underestimate the importance of media — both paid advertising and news coverage.

They are, in short, still amateurs in a business that is increasingly professional and cutthroat.

Women's groups, far from being offended, are delighted with the Rothstein-Buckley study They plan to use it as a primer this year for candidates running for Congress and statewide office.

They don't expect any immediate upsurge in the numbers of women seeking such jobs, but they do foresee better organized campaigns by those who enter the field. And that alone is bound to help.

Today In History

By The Associated Press

Today is Sunday April 2 the 92nd day of 1978 There are 273 days left in the year

Today s highlight in history

On this date in 1917 President Woodrow Wilson asked Congress to declare war on Germany saying the world must be made safe for democracy

On this date

In 1792 Congress established the U S Mint

In 1865 during the Civil War Confederate President Jefferson Davis and most of his cabinet fled from Richmond Va

In 1882 the outlaw Jesse James was shot and killed by a member of his gang in St Joseph Mo

In 1932 Charles Lindbergh turned over $50,000 dollars to an unidentified man in a Bronx, New York cemetery as ransom for his kidnapped son

In 1947 the United Nations assigned the United States as trustee of Pacific islands formerly held by Japan under mandate

In 1974 President Georges Pompidou of France died in Paris at the age of 62

Today s birthdays Actor Alec Guinness is 64 years old Television actor and producer Jack webb is 58

Thought for today Nothing so needs reforming as other people's habits — Mark Twain American humorist, 1835-1910

HOW TO CONTACT YOUR LEGISLATOR

Senator Edward Zorinsky
1407 Dirksen Office Building
Washington, D C 20510

Senator Carl Curtis
2213 Dirksen Office Building
Washington, D C 20310

Representative Charles Thone
2433 Rayburn Office Building
Washington D C 20515

Representative John Cavanaugh
424 Cannon Office Building
Washington D C 20515

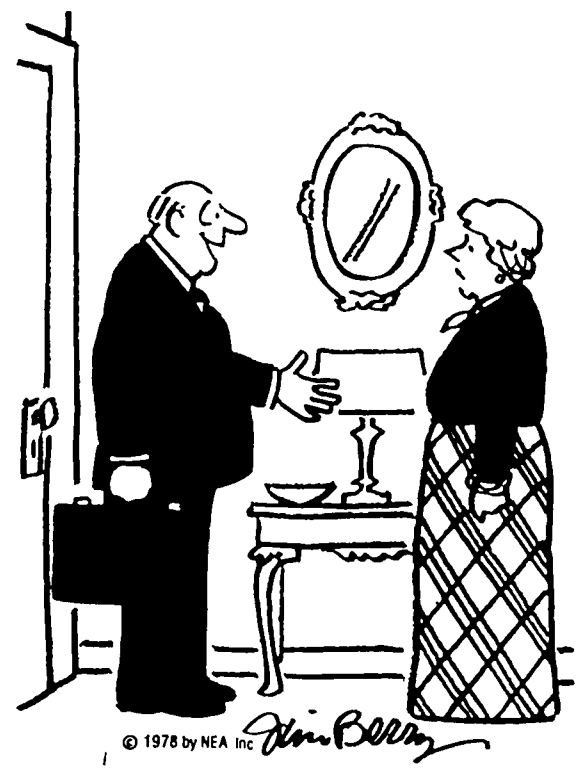
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State Senator Calvin Carsten
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State Senator Nelson Merz
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State Senator Jerome Warner
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Waverly, Nebraska 68462
Home Phone 786-5855
Office Phone 471-2731

Berry's World



"I've got a new cause I'm NOT going metric!"



HEALTH — Lawrence E. Lamb, M.D.

How low is dangerous?

By Lawrence Lamb, M D

DEAR DR LAMB - In a recent column you stated that a blood pressure reading of 90 over 60 is considered within normal range

I understand that some people are taking medication due to low blood pressure In your opinion what would the low cutoff point be for a reading that might require medication to elevate the pressure"

DEAR READER — The reading is not so important as the patient's reaction If the person had no tendency to fainting and felt fine and had normal health in all ways there would be no reason for treatment

However, if the patient had dizziness on standing upright or other signs of inadequate circulation, then measures might be required to increase the level of the blood pressure Also the doctor may be able to tell if the pressure is so low that it decreases the kidney function This can be bad and is sometimes a problem in shock with low blood pressure Again the importance of the reading varies with the patient

I am sending you The Health Letter number 1-8, Blood Pressure Others who want this issue can send 50 dents with a long, stamped, self-addressed envelope for it to me in care of this newspaper, P O Box 1551, Radio City Station, New York, NY 10019

DEAR DR LAMB - I am the mother of four grown children and I am now going through the menopause Over one month ago my gynecologist suggested that I have a mammogram Since my mother died from cancer of the liver and my father has cancer of the stomach plus skin cancer I have a fear of the disease

Would you recommend such a test for a person like me ' I am 54 years of age The lump which my doctor found is like a small hard marble in my right breast I have no pain there but very often my left breast is very painful I am confused and would appreciate your suggestions

DEAR READER - You are not the only woman confused about mammography Even the experts do not agree There are figures that originally suggested that women should not have mammography before the age 50 as a screening procedure Later a re-evaluation of the radiation involved resulted in recommendation by Dr John C Bailar III of the National Cancer Institute to delay the use of mammography until after age 55 These considerations do not apply to women who already have breast disease, as the relative risks involved change in that case That is why I advise women to depend on their own doctor's recommendation as it applies to their own individual case

In your case since you are nearly 54 and have evidence of breast disease I think your doctor is absolutely right in using methods to be certain you have no evidence of a malignancy, and depending on the nature of his findings he would be justified in removing the lump to look at it.

I should add that since you already have a lump in your breast, even if it is cystic mastitis you should be careful about using female hormones after your menopause Studies do show that use of female hormones in women with lumps in their breasts does increase the risk of breast cancer For other women it should be pointed out that studies do NOT show that using female hormones in the presence of normal breasts will increase the risk of breast cancer