Nebraska City News-Press
PARK NEWSPAPERS OF NEBRASKA, INC
Publishers
Vol 124 No 35 Sunday, December 25, 1977
Publication, News and Business Office 123 South Eighth Street
Nebraska City Otoe County Nebraska 68410

Ivan D E Beaumont — General Manager & Editor

John Quinlan — Managing Editor
Mrs Floyd Duffey — Society Editor
Mrs Judith Huebner — Circulation Manager
Jerome Keran — Plant Superintendent
Chuck Johnson — Commercial Printing
J Hyde Sweet — Editor and Publisher, 1909 1964
Arthur R Sweet — Editor Emeritus

VIEWPOINT

On the hiring front

There's good and bad news from the higher education front

The good is an improved job outlook for the class of 1978 Expectations of a continuing economic upturn are encouraging business firms to step up on-campus recruiting According to one survey, by Northwestern University, major corporations are expecting to hire 14 percent more graduates this June than they did from the class of 1977

The bad news is that liberal arts majors are not faring so well in the improved job market as are specialists in technical and commercial fields

Degrees in computer science are most in demand, also engineering, mathematics and statistics Starting salaries range up to $17,000

But for the English and history majors, this June's story looks like a rerun of the last several years There are again likely to be considerably more applicants than openings in preferred fields and many are going to have to look elsewhere for job opportunities

There is hope for the future, though This is the second consecutive year of improving employment prospects for graduates following a string of lean years in the early '70s There is also an upturn in higher education enrollment, with the National Center for Education Statistics reporting 3 3 percent more students in college and university classes this fall than in 1976

More students, if the trend continues, should eventually mean a need for more teachers, reversing the faculty cutbacks of recent years And that would be good news for liberal arts majors, for whom teaching traditionally has provided a major career field

AS TIME GOES BY

Mrs Gangel hurt

FORTY YEARS AGO
—1937—

Mrs Joe Gangel was injured in a collision involving a vehicle driven by her husband and a truck, one of many accidents caused by ice-covered highways in the area Lodgepole, Nebr , resident E A Markel sent a Christmas greeting to the News-Press to confirm the paper's correction of an earlier story which had said Markel was dead A member of the Nebraska Unicameral released a poll which listed Robert Armstrong, representing the Nebraska City area, as a possible Republican candidate for governor The News-Press announced that despite the increase in the cost of white paper, it would not raise its subscription rates for 1938

TWENTY-FIVE YEARS AGO
—1952—

Dolores Smith, a senior, became the ninth Snow Queen to rule at the annual Senior High Holiday Dance at the Junior High auditorium Ken Kangieser, NC cager, was named a star of the week by the World-Herald Dr M B DeJarnette received a patent for a device which analyzed poor posture induced by your ankles, The Kick reported Robert Kammerer arrived in Nebraska City to take over as District Boy Scout Executive of the Cornhusker Council

TEN YEARS AGO
—1967—

The fire siren in Percival, Iowa, awakened the residents at 7 30 a m Christmas when volunteer firemen were called to the home of Mr and Mrs Larry Shirley The fire was contained in the utility room but considerable damage was done to the kitchen No one was injured "Oh Ho The Mistletoe was the theme of the Holiday Dance Club dinner-dance Mr and Mrs Sam Metcalf had a double celebration on Christmas Day Their family was together and it was the couple's 25th wedding anniversary

Today In History

By The Associated Press

Today is Sunday, Dec 25, the 359th day of 1977 There are six days left in the year This is Christmas Day

Today's highlight in history

On this date in 1776, George Washington's troops began to cross the Delaware River to attack Hessian forces encamped at Trenton, N.J

In 1642, the English mathematician who discovered the law of gravity, Sir Isaac Newton, was born

In 1786, a farmer revolt in Massachusetts known as "Shays' Rebellion," began

In 1821, the woman who founded the American Red cross, Clara Barton, was born in Oxford, Mass

Today's birthdays Hotel owner Conrad Hilton is 90 years old Musician Cab Caloway is 70.

Thought for today There is only one thing people like that is good for them· a good night's sleep — Ed Howe, American writer, 1853-1937

Second class postage paid at the Post Office in Nebraska City, Nebr No 375960 Published every evening (except Saturday) and on Sunday

MEMBER Nebraska Press Association, Inland Press Association National Editorial Association, Audit Bureau of Circulation Leased Wire Service of the Associated Press and NEA Feature Service

Reproduction in whole or in part of the contents of the Nebraska City News Press is expressly forbidden unless prior permission is obtained

CIRCULATION RATES Single copy, 15 cents, by carrier, $3 a month in advance, by mail in Nebraska City trading area, $28 00, outside trading area $36 00 per year

The Prayer For Today From the Upper Room

The Word became a human being and, full of grace and truth lived among us (John 1 14 TEV)

PRAYER O holy child of Bethlehem, Descend to us we pray Cast out our sin, and enter in, Be born in us today We hear the Christmas angels The great glad tidings tell, O come to us abide with us Our Lord Emmanuel' Amen



Holy Night



Martha Angle and Robert Walters

IN WASHINGTON

Powerful independents

WASHINGTON—(NEA)— The entire federal establishment heaved a sigh of relief the day President Carter signed an 18-month suspension of the saccharin ban previously ordered by the Food and Drug Administration

For the moment, Congress is off the hook with the food industry and diet-conscious consumers who inundated Capitol Hill with protests against the FDA ban And that means FDA will have a respite from congressional pressure, while the White House won't have to deal with any of the above for at least a year and a half

The only people in town who can't forget about rats and diet soda, in fact, are the professional staff and members of the little-known Institute of Medicine, an arm of the prestigious National Academy of Sciences

The Institute, by act of Congress, has been delegated the unenviable chore of deciding how much of a health threat saccharin poses to human beings and what counterbalancing benefits it offers

At the same time, the Institute will conduct a separate study of the scientific community's ability to identify and evaluate cancer-causing elements in all types of food

For those who follow health policy developments, it came as no surprise that Congress should turn to the Institute of Medicine for help with the saccharin controversy

The seven-year-old Institute is rapidly becoming a prime repository for all kinds of political hot potatoes in the health field, from medical malpractice to the use of barbiturates for insomnia and anxiety

The reason is simple credibility The Institute has no ax to grind It is not part of the federal government, but neither is it a captive of any segment of the health industry — the physicians, the drug companies, hospitals, research scientists, insurance companies

Its 330 members are elected for five-year terms from all of these fields, plus others such as law, sociology, economics and journalism which are unrelated to medicine and health

In exchange for the honor of membership, which is considerable, they donate their talents to studies which the Institute undertakes on its own initiative or at the request of the federal government

The Institute's clout has grown immensely this past year HEW Secretary Joseph A Califano Jr tried repeatedly to persuade its president, Dr David A Hamburg, to accept the government's top health job Failing that, he has staffed nearly all of HEW's major health positions with other Institute members recommended by Hamburg

Hamburg, 52, who was chief of the psychiatry department at the Stanford University School of Medicine for 15 years prior to assuming the Institute presidency, remains a trusted Califano adviser and confidant

He also swings considerable weight at the White House President Carter's top health adviser, Dr Peter Bourne, just happens to be a former student of Hamburg's

For good measure, congressional health subcommittees headed by Sen Edward M Kennedy, D-Mass , and Paul G Robers, D-Fla , also rely heavily upon the Institute of Medicine for policy analysis and research evaluation

Since Congress and the executive branch are not always in accord on health matters — witness the dispute over FDA's saccharin ban — the Institute is ideally positioned to serve as a neutral arbiter.

Hamburg and his colleagues have no votes in Congress, no regulatory powers, no fat federal contracts to distribute But their independence and their expertise command such respect both within and outside the government that the Institute of Medicine is likely to wield increasing influence over the direction of health policy the next few years



HEALTH

Lawrence E. Lamb, M.D.

Explaining hyperventilation

By Lawrence Lamb, M.D

DEAR DR LAMB — Recently, my wife went to the diet clinic to lose weight after our baby was born six weeks ago Three weeks later, she developed acute tetany in the arms, elbows, wrists, fingers, legs, and feet, and her mouth was tetanic with all small muscles of the body contracting

Her tests showed that her calcium was low secondary to hyperventilation Her body chemistry was changed as a result of the hyperventilation The doctor did not know what caused the hyperventilation Can you explain what caused this?

DEAR READER — Obviously the doctor did understand what the process was. The problem is we often have difficulty pin-pointing the reason the person started over-breathing in the first place Most often, it is secondary to anxiety and the next step, which is more difficult, is finding out what in the person's life is causing anxiety

When a person exchanges too much air too rapidly, he will blow off excess amounts of carbon dioxide The acid-alkaline balance of the body is very critical for life It is controlled by the amount of carbonic acid and sodium bicarbonate in the system. The excess carbon dioxide comes from the breakdown of carbonic acid into water and carbon dioxide

This loss of acid results in a chemical shift of the body to alkalinity. We call it respiratory alkalosis As this chemical shift occurs, it affects the amount of available calcium in the blood and other chemicals This, in turn, may cause the tetany you described. The greater the chemical derangement, the worse the tetany

The resulting chemical changes can affect the electrocardiogram and produce numbness around the mouth. The trick is to get the person to take shallow breaths slowly, decreasing the exchange of air It is NOT advisable to hold one's breath as this may set off powerful reflexes that can cause momentary stopping of the heart, irregularities and fainting.

An old trick is breathing into a brown paper bag — don't use a plastic one Its effectiveness is disputed, but if it helps decrease the respirations it will help. Of course, when symptoms occur and the person doesn't understand them, the level of anxiety naturally increases and the situation gets worse.

There is no disease that causes this form of hyperventilation. If a person develops acidosis, the respirations may be increased to compensate for the problem, but otherwise you can't really look to some important illness underlying the episode.

Pilots and others suddenly exposed to higher altitude will hyperventilate as a physiological response to the decreased oxygen in the air Most pilots are trained to recognize this response and to take shallow breaths slowly

Your wife probably has many reasons for being anxious with a new baby and all that entails, plus trying to get herself back in shape Reassurance will help, and if she should have such episodes again, then she might profit from some professional counseling. Meanwhile, help her to relax and try to diminish the sources of stress and excess fatigue that she may be experiencing.



Ivan D.E. Beaumont

THE BUCK ENDS HERE

Johnny didn't forget

It's the same thing —

Little Johnny had an appendectomy and was obliged to take his meals intravenously for a time.

Sister Christina at St. Mary's hospital explained the situation to the four year old and started to administer the glucose when the boy spoke:

"Sister, aren't you going to say grace?"

+ + +

Hello to Ruby —

Mrs L.Z. (Ruby) Ewing sent a note along with her News-Press subscription renewal

Mrs Ewing worked at the Otoe county welfare department for a number of years Her late husband, Leonard, retired then joined the Lions club and became a real "workhorse "

Perhaps Ruby can help me with this item:

I have a 1959 Edsel that once belonged to a Ewing family Could it have been owned by the former Nebraska City people or perhaps their son? It is a black, four-door sedan.

Ruby's address.

Mrs L.E. Ewing
Good Samaritan Home
509 Lane E
Hastings, Nebr. 68901

+ + +

OPPD —

It was good news to read the other day that OPPD is seriously considering another power plant project on the site five miles southeast of Nebraska City

Site Engineer Bob Taylor, Nebraska City, tells us the present project is a little over halfway done. The plant is scheduled to be put into service in 18 months

The price tag on the present power plant is approximately $352 million.

+ + +

The Taylor home —

The generosity of Dr and Mrs J.P Gilligan has given the Nebraska State Historical Society a beautiful piece of property — the Gilligan home at 806 First Avenue

The house was constructed in 1880 by Mrs Harriette Terry Taylor and has been occupied by five generations of the family The home was put on the National Register of Historic Places in 1976.

Our news staff has used the home many times for picture scenes in connection with changes in the season Thanks to the Gilligans for providing the rest of us with something nice to behold.

+ + +

Hunting safety —

Despite the safety indoctrination programs, this month's newsletter from the Game and Parks Commission listed the names of 125 hunters fined for having a loaded shotgun in a vehicle

The state department also reported that possession of a Golden or Bald Eagle..."or their feathers or other parts, is against state and federal law"...and a Grand Island man was fined $225 plus costs.

+ + +

The happy toy —

Carl Saali stopped in to see Harvey Lile at his electric shop the other day to ask for some help..

"My toy doll doesn't work anymore. Can you fix it?"

Harv admits to fixing about anything, but the mechanical doll was a challenge After a few minutes of repairs and adjustments he pushed the button and Carl was all smiles.

The toy doll is more than just a toy for Carl. It was a gift from his son-in-law Larry Mumm about 15 years ago and he wouldn't part with it.

When fully "charged" the doll moves its right arm with hefty shakes as it mixes a drink Then it pours the drink in a glass, raises the drink to its lips, and chug-a-lugs It adds a couple more movements that are entertaining to the Mumm children such as the smoke that comes out of its ears and the way it puckers after each snort.

Carl says his grandchildren love it

Thanks to Harv, Carl is looking forward to entertaining those little people he loves so much with his novel toy

+ + +

And from my mother-in-law

One nice thing about growing old is that we won't have to be around to wrestle with the metric system when it becomes the Standard Measure

+ + +

The Liberty Bowl —

It all depends on how faithful you are to the Big Red. If you're gung-ho you stayed with them through the final quarter and saw Dandy Randy Garcia pass the Huskers into an exciting come-from-behind victory.

We had a bowl of popcorn and a couple quarts of pop and three growing young men plopped out in front of the tube.

That fourth quarter the popcorn disappeared and the boys didn't notice there weren't any more ice cubes for their warm pop.

For you souls who failed to stick it out, there was the re-run And if you missed that...call Gene Stark of our ad sales staff He had his Christmas early (that's what his wife Dorothy said) and has the Husker game on video tape without the commericials

+ + +

A favorite —

The great-grandmother was 87 years young last week We know where we will spend Christmas We've kinda dropped the big meal plans of years ago and settled for bring your own to cut down on the kitchen work

Someone still takes sticky dumplings, there's sauer kraut, roasted duck or goose, rolls, rolls and more rolls, lots of vegetables and then desserts

If the women think they are just fixing a snack, I wonder what it was like around grandma's table when she had harvest crews?

Merry Christmas Enjoy yourself and family this season

Berry's World



WANTED



BOYS and GIRLS
Between
10 - 14
WHO WOULD LIKE TO
EARN SOME
MONEY

CONTACT
JUDITH K. HUEBNER
Circulation Manager
NEWS-PRESS
123 South Eighth Street
PHONE 873-3334

#22 — Kearney Hill

Route #18 — Open — 9th Street to 15th Street and from overhead on South 11th to Airplane Heights

Judy, Joe and the Ho-Ho-Ho — **by Baur and Pastoret**

